

Secas Spa

Our treatments fuse ancient traditions and the latest innovations to ensure your time on the table leaves you feeling wonderfully relaxed and revived.

ISLAND TIME

60 / 90 mins

Focusing on sound therapy, sweeping massage strokes using forearms and a bespoke oil made with kahai, the Amazon's secret anti-ageing weapon. This is route one to relaxation.

JUNGLE BEAT

60 / 90 mins

A classic deep tissue massage using muscle stretching combined with bamboo sticks and copaiba oil, South America's legal alternative to CBD. This oil is an anti-inflammatory agent that will boost your cardiovascular and immune systems and give you a hit of happiness.

SECAS SOUND SYMPHONY

60 mins

Experience the calming effect of singing bowls as a family with a sound symphony on your casita terrace. As you soak up the vibrations, soothing head massages will help you on the road to relaxation.

HEADSPACE

30 mins

A jade comb stimulates your scalp before a restorative massage calms your mind. Enrich the treatment with a moisturizing cream that restores and returns shine to your hair.

SECAS HAND SOOTHER

60 mins

Give your hands some TLC, starting with a nail file and customized scrub, followed by a gentle buffing treatment to restore the natural beauty of your nails leaving them shiny and healthy. No polish.

THE BIG CHILL

60 / 90 mins

This refreshing massage features cold stones, hydrating aromatherapy mists and rehydrating rainforest oils to cool you down and help your body learn to love our sultry tropical heat.

SECAS HOLISTIC HEALING

60 / 90 mins

Enhances both physical and emotional wellbeing, using some of the essential oils in our Secascent Box. Ylang Ylang helps release emotional stress, Bergamot improves your digestion, Cedarwood increases focus and Vetiver aids a restful sleep.

SECAS SOUND SHOWER

60 mins

The sweet sound of singing bowls combined with stretching and breathwork helps you access your theta brainwaves, the frequency of deep relaxation. This is the easiest way to reach a meditative state for even the busiest of minds.

SCRUB AND TUB

60 mins

Customize your scrub with your favorite scented oils or therapeutic herbs, then relax in your tent's bathtub before an application of your personalized lotion leaving your skin silky soft.

MEAN FEET

30 / 60 mins

A stimulating scrub, using our bespoke Secas sea salt, followed by a lymphatic drainage foot rub. Extend your treatment with a leg massage to combat tight quads, calves and swollen ankles.

SECAS FOOT SOOTHER

60 mins

Show your toes some love, starting with a nail file and customized scrub, followed by a gentle buffing treatment to restore the natural beauty of your nails leaving them shiny and healthy. No polish.

MAGNIFICENT ME TIME

90 mins

Combine your favorite elements from our menu to create your best-ever pampering experience. Choose a scrub or sound therapy with a 60-minute massage, or Head Space with Secas Hand Soother.

Prices: \$85 for a 30-minute treatment, \$155 for a 60-minute treatment and \$195 for a 90-minute treatment.