



Day 1 ● Mon, May 26

9:00 AM



Begin your adventure with a private flight aboard our Twin Otter to Islas Secas.

10:30 AM



Arrive on Islas Secas's private runway, where you'll be greeted with cool drinks and snacks, followed by a scenic tour of the island – your own private home for the entire vacation.

11:30 AM



Settle into your Casitas and gaze out at the extraordinary views.

12:30 PM



Enjoy a delicious family lunch at Terraza, offering a fresh take on the finest Panamanian cuisine, including plenty of child-friendly options.

2:00 PM



Head to the Activity Center for a fun-filled family snorkeling adventure, exploring vibrant coral reefs just off the coast.

6:00 PM



Enjoy a family-style dinner at Terraza, dining together under the soaring, thatched roof.

7:30 PM



Gather around a beach bonfire for stargazing, s'mores and stories.

Day 2 ● Tue, May 27

7:00 AM



Gather the family at Casita Grande for breakfast with a view.

8:00 AM –
11:00 AM




Choose from a range of exciting activity options:

- Private morning yoga session at Mango Pool with an expert instructor (max 6 pax)
- Taster scuba diving session for beginners (max 6 pax)
- Half-day inshore fishing trip (max 5 pax)
- tx 8 pax).



- 12:30 PM ○ Return to Terraza for a delicious lunch, with options including just-caught catch of the day, tropical smoothies and light salads.
- 2:00 PM ○ Try your hand at e-foiling and seabob, a fun challenge for both kids and adults.
- 4:00 PM ○ Parents are invited to unwind with a rejuvenating spa treatment at Secascent Spa, while the kids are entertained with a beach scavenger hunt.
- 5:30 PM ○ Embark on a scenic nature cruise around the archipelago, spotting wildlife as you go.
- 6:30 PM ○ Enjoy cocktails and mocktails in the cool surroundings of Balboa Bar.
- 7:30 PM ○ End the day with a laid-back, family-style dinner at Terraza, swapping tales of the days' adventures.

Day 3 ● Wed, May 28

- 7:00 AM ○ Start your day with a family-style breakfast at Terraza, or feel free to head down at your own pace and break off into smaller groups.
- 8:30 AM ○ Try a navigation class with Beny and the team, including a fun bamboo raft-building session.
- 12:30 PM ○  Savor a laid-back lunch al fresco at Balboa Bar, accompanied by refreshing beverages to cool off.
- 2:30 PM ○ Dive back into the ocean for exhilarating e-foil and seabob adventures, or relax on the pontoon and watch the others frolic in the sea.



6:30 PM

The kids can enjoy a mixology and hors d'oeuvres trivia session with specialty non-alcoholic drinks, while the adults indulge in expertly-crafted cocktails and appetizers.

7:30 PM

End the day with a lively family karaoke session, followed by an extraordinary stargazing session with a telescope for a magical close to the evening.

Day 4 • Thur, May 29



7:00 AM

Start your day with a delicious breakfast, either on your private terrace or at Terraza.

8:00 AM

Enjoy some free playtime in the Mango Pool or a morning stand-up paddleboarding session.

10:00 AM



Set sail for a Marine Safari adventure aboard our 46-foot Bali Catamaran, discovering our exceptional sealife and conservation work.

12:00 PM

Experience a memorable beach BBQ at Pargo Beach, with fun activities and a hands-on ceviche-making class.

6:30 PM

Unwind with refreshing drinks and board games at Balboa Bar, then head to Terraza for a tropical dinner under the stars.

Day 5 • Fri, May 30



7:00 AM

Enjoy breakfast in the comfort of your private Casita, taking in the tranquil views.

8:00 AM



Embark on a PADI scuba diving adventure (6 pax max)



10:00 AM

Learn the art of making sugarcane juice, a perfectly sweet and refreshing drink to fuel your day.

12:00 PM

Time for lunch. Settle into a seat with ocean views and indulge in a delicious meal.

2:00 PM

Introduce the kids to the wonders of birdwatching, guided by our expert naturalists, as they discover local species and help out with some citizen science.

4:00 PM

Head back to your private pool for a refreshing plunge, soaking up the last rays of the day.

6:30 PM

Meet at Balboa Bar for a pre-dinner drink and unwind in good company.

7:00 PM

Savor a traditional Panamanian-style dinner, featuring the finest local ingredients, at Terraza.

Day 6

Sat, May 31

7:00 AM

Start your day at your favorite breakfast spot.

8:00 AM –
11:00 AM

Choose from a selection of exciting activities:

- Half-day inshore fishing trip (5 people max)
- Kayak to the serene Canales beach
- Sandcastle building competition on the beach
- Boat ride with a marine conservation talk by Beny:
A 30-minute discussion on the region's marine conservation efforts

12:00 PM

Enjoy a bespoke picnic lunch at Canales, followed by snorkeling or paddleboarding from this secluded beach.

3:00 PM

Hike back to the resort.



- 5:30 PM ○ Unwind with sunset yoga, taking in the breathtaking sea views.
- 7:30 PM ○ Try a mixology session followed by a delicious Mexican-themed dinner.
- 9:00 PM ○ End the night with a movie under the stars and popcorn, for the perfect finish to your last day.

Day 7 ● Sun, June 01

- 7:30 AM ○ Enjoy your final family breakfast.
- 9:30 AM ○ Luggage collection and a heartfelt farewell to Islas Secas, as the sound of the Twin Otter approaches for your departure.
- 10:00 AM ○ Embark on your private flight back to Panama City, beginning the next leg of your journey.
- 11:30 AM ✈ Arrive at the exclusive Signature Flight Support terminal at Tocumen Airport, where you'll be greeted and guided through to your next destination.